

# ECOMARINES ACTIVE TRAVEL FAMILY WORKSHOP



Greenhouse gases produced from cars is a large-scale issue for the environment. Your family can either use public transport or active travel to get around while positively impacting our planet. So, get your family together for an active travel family workshop to discuss where and when you reduce car travel!

**STEP 1.** Pick a time when your family can get together for a discussion.

**STEP 2.** Teach your family about the negative effects of driving cars on the environment. Here are some facts to get started:

- Transport is Australia's third largest source of greenhouse gas emissions.
- Cars are responsible for almost half of these emissions.
- Cars have been found to decrease air quality significantly

**STEP 3.** Write down all the different times your family uses a car to travel around.

**STEP 4.** As a family, discuss where you can replace car travel with active travel. Active travel can include riding bikes, walking, scootering, carpooling and catching public transport! A good way to start is active travelling to school

