



ECOMARINES BUCKETLIST

IN THE HOME

- Turn your lights and fan off every time you leave an empty room
- Shower to your favourite 3-minute song to save water
- Do Meat Free Monday for 4 weeks (or more!).
- Plan a week worth of meals to help reduce food waste.

IN THE GARDEN

- Plant a fruit, herb or vegetable and watch it grow
- Plant a native plant
- Use a compost bin at home

OUT AND ABOUT

- Encourage someone to recycle right
- Buy produce grown in your country for one week (or more!)
- Take your own produce bags for fruit and vegetables

SHARE YOUR EFFORTS WITH US ON SOCIAL MEDIA #ecomarines #howyoucanhelp

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